



## 5.1.2 Capacity building and skills enhancement initiatives taken by the institution

### Summary

### Life skills (Yoga, physical fitness, health and hygiene)

### Session 2022 - 23

Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)	Title
19/07/2022	44	Dr. Kiran Sonekar Contact, Director, STOP CANCER, Pune. No.9595825853	Cancer awareness and prevention
21/07/2022	94	Dr. Aprup Adawadkar, founder, Paryavaran Pratham, Nagpur, Contact No.9422357655	World Paper Bag Day and Ban on Plastic Carry Bags-Opportunities and Challenges
28/07/2022	92	Dr. Abhijeet Ambhaikar, Physician and Diabetologist, Ex Professor IGGMC, Nagpur. Contact No.9373128433	Management of Liver Function
28/12/2022	87	Dr. Msr. S. S. Bakhle, Dr. Mrs. S. S. Deshpande and Ms. Kalpana Date Priyadarshini J. L. College of Pharmacy, Nagpur Contact No. 09049800995	Unravelling the Mental Stress
29/04/2023	156	Dr. Msr. S. S. Bakhle, Mr. S. K. Shah Priyadarshini J. L. College of Pharmacy, Nagpur Contact No. 09049800995	MILLETS: Miracle Grain of Future

Dr. D. R. Chaple

Principal

**PRINCIPAL**  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.



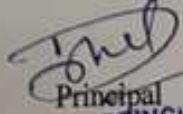
LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
(Formerly called: J. L. Chaturvedi College of Pharmacy)

Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)  
Tel. & Fax No. +91-7104-232169, E-mail: jlccp\_ngp@rediffmail.com, Website : www.jlccp.net  
(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

**NOTICE**

All the teaching and non-teaching faculty members and the students of M. Pharm are hereby informed that a seminar of Dr. Kiran Sonekar, Project Director, Stop Cancer Mission Multipurpose Society on the topic entitled "Cancer Awareness and Prevention" has been organized by Arogya Parigyan Club under AICTE-SPICES on 19<sup>th</sup> July 2022 at 12:00 pm in the seminar hall. All should remain present for the same.

VC Salunkhe 16/7/22  
Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

  
Principal 16/7/22  
PRINCIPAL  
Priyadarshini J. L. College  
Pharmacy, Nagpur



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Tel & Fax No. +91-7104-299510, E-mail: principal@prijlcol.ac.in Website: www.prijlcol.ac.in  
(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

### Program Report

**Title of Event Conducted:** Seminar on Cancer Awareness and Prevention

**Start Date:** 19/07/2022

**End Date:** 19 /07/2022

**Time:** 11:0 AM

**Venue:** Seminar Hall, Priyadarshini J.L. College of Pharmacy, Nagpur

#### Objectives:

- 1) To sensitize the faculty and the students for maintaining a healthy lifestyle
- 2) To motivate the faculty and the students for regular health check-ups

#### Expected Outcomes:

Provide an opportunity to the students and the faculty for creating awareness about symptoms and prevention of various types of cancers

**No. of Student Participants:** 44

**No. of Faculty Participants:** 26

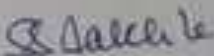
**No. of External Participants:** NIL

**Expenditure Amount:** 3500/-

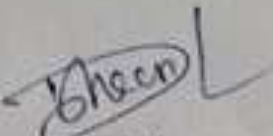
**Mode of Program:** Offline

#### Attachment needed:

- 1) Abstracts of the program
- 2) Program Schedule
- 3) Notice for circulation
- 4) Photographs
- 5) Expenditure details and Bills
- 6) Other documents

  
Club In-charge

Associates Prof. / Assst. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.





LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**

Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)  
Tel & Fax No. +91-710-260553, E-mail: principal@priyad.edu.in, www.priyad.edu.in  
(Approved By AICTE & UTE, New Delhi. Affiliated to R. J. M. Nagpur University, Nagpur)

### Abstract of the Event

Arogya Parigyan Club of Priyadarshini J.L. College of Pharmacy, Nagpur organized a seminar on **"Cancer Awareness and Prevention"** on 19/07/2022 for the UG/PG students and the faculty. Dr Kiran Sonekar, Project Director, Stop Cancer Mission Multipurpose Society and Mr Pravin Naidu, Administrative Director, Stop Cancer Mission Multipurpose Society were the guest speakers on the occasion. Symptoms, causes and prevention of various types of cancers were highlighted by the Dr Kiran Sonekar. Further he motivated the faculty and students for regular health check-ups. Mr. Pravin Naidu spoke about the "Stop Cancer Mission" programs arranged by them in various organizations. The event was coordinated by the student coordinators (Ms. Sushma Handekar, Manish Kinkar and Vaishnavi Chitmulwar) faculty in charges (Dr. Mrs. S.S Bakhle and Mr. S.K Shah) and other members of the Club under the guidance of Dr. D.R. Chaple, Principal, PJLCP.

*S.S. Bakhle*  
Club in-charge 21/7/22

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

*D.R. Chaple*  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

Event photos:





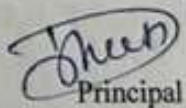
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(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

**NOTICE**

All the teaching faculty members and the students of B. Pharm Sem V, VII and M. Pharm Sem II are hereby informed that an expert talk of Mr. Aprup Adawadkar, Founder, Paryavaran Pratham (NGO), Nagpur on the topic entitled "**World Paper Bag Day and Ban on Plastic Carry Bags - Opportunity and Challenges**" has been organized by Arogya Parigyan Club under AICTE-SPICES on 21<sup>st</sup> July 2022 at 12:0 pm in the seminar hall. All should remain present for the same.

UC S. Salchit 19/7/22  
Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

  
Principal 19/7/22  
PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.



LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
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Tel & Fax No. +91-7104-299510; E-mail: priyadarshini@poc.edu.in Website: www.poc.edu.in  
(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

### Program Report

**Title of Event Conducted:** Expert talk entitled "World Paper Bag Day and Ban on Plastic

Carry Bags: Opportunities and Challenges

**Start Date:** 21/07/2022

**End Date:** 21 /07/2022

**Time:** 11:0 AM

**Venue:** Seminar Hall, Priyadarshini J.L. College of Pharmacy, Nagpur

#### Objectives:

- 1) To sensitize the students against use of plastic carry bags
- 2) To motivate the students regarding 3 R's principle for environment conservation i.e Reduce, Reuse and Recycle.

#### Expected Outcomes:

Provide an opportunity to the students for creating awareness about hazards of plastics and its replacement with eco-friendly alternatives

**No. of Student Participants:** 94

**No. of Faculty Participants:** 12

**No. of External Participants:** NIL

**Expenditure Amount:** Rs. 1470/-

**Mode of Program:** Offline

#### Attachment needed:

- 1) Abstracts of the program
- 2) Program Schedule
- 3) Notice for circulation
- 4) Photographs
- 5) Expenditure details and Bills
- 6) Other documents

*S. Sateesh*  
Club In-charge

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

*J. L. Sateesh*  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.





LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
Electronics Zone Building, MIDC, Hingna Road, Nagpur-440018 (M.S.)  
Tel. & Fax No. +91-7104-290310, E-mail: [principal@priyad.org](mailto:principal@priyad.org) Website: [www.priyad.org](http://www.priyad.org)  
(Approved By AICTE & DTE, New Delhi. Affiliated to R.T.M. Nagpur University Nagpur)

### Abstract of the Event

Arogya Parigyan Club of Priyadarshini J.L. College of Pharmacy, Nagpur organized an expert talk on World Paper Bag Day 2022 entitled "**World Paper Bag Day and Ban on Plastic carry Bags: Opportunities and Challenges**" on 21/07/2022 for the UG/PG students and the faculty. Dr Aprup Adwadkar, President, Paryavaran Pratham an NGO was the guest speakers on the occasion. He spoke about the hazards of plastics and how it has created a mess for the environment. He also talked about use of paper bags vis a vis plastic bags and the challenges faced in terms of environment sustainability. Further he motivated the adoption of 3 R's Reduce, Recycle and Resuse for environmental conservation. The event was coordinated by the student coordinators (Ms. Prapti Rai, Rohit Shingane and Neha Narange) faculty in charges (Dr. Mrs. S.S Bakhle and Mr. S.K Shah) and other members of the Club under the guidance of Dr. D.R Chaple, Principal, P.J.L.C.P.

*S.S. Bakhle* 21/7/22  
Club in-charge

Associate Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

*D.R. Chaple*  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.



Event Photos:





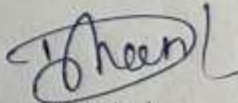
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**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
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(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

**NOTICE**

All the teaching faculty members and the students of B. Pharm Semester V and VII are hereby informed that a seminar of Dr. Abhijeet Ambhaikar, Physician and Diabetologist, Ex. Professor, IGGMC, Nagpur on the topic entitled "**Management of Liver Function**" has been organized by Arogya Parigyan Club under AICTE-SPICES on 28<sup>th</sup> July 2022 at 3:0 pm in the seminar hall. All should remain present for the same.

S. Sakshi  
IC 28/7/22

  
Principal  
PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

Event Brochure:



Lokmanya Tilak Jankalyan Shikshan Sanstha's  
**Priyadarshini J. L College of Pharmacy, Nagpur**  
**AROGYA PARIGYAN CLUB**

*Sponsored by*  
**AICTE - SPICES**

**"Scheme For Promoting Interest Creativity And Ethics Among Students"**  
*Organizes*

**Seminar On**

# Management of Liver Function

**Date & Time**  
28<sup>th</sup> July 2022  
3:00 pm



**Dr. Abhijeet Ambhaikar**  
Physician and Diabetologist.  
Ex Professor IGGMC, Nagpur



**Dr. Mrs. S. S. Bakhle**  
Coordinator, Arogya Parigyan Clul

**Dr. D. R. Chaple**  
Principal, PJLCP

**Mr. S. K. Shah**  
Co-coordinator, Arogya Parigyan





LOKMANYA TILAK JANKALYAN SANSTHA'S  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)  
Tel & Fax No: +91-7104-299110, E-mail: [principal@prijl.ac.in](mailto:principal@prijl.ac.in) Website: [www.prijl.ac.in](http://www.prijl.ac.in)  
(Approved by AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

### Program Report

**Title of Event Conducted:** Seminar on "Management of Liver Function"

**Start Date:** 28/07/2022

**End Date:** 28 /07/2022

**Time:** 11:0 AM

**Venue:** Seminar Hall, Priyadarshini J.L. College of Pharmacy, Nagpur

**Objectives:**

- 1) To sensitize the students for maintenance of health
- 2) To motivate the students regarding pathophysiology of liver

**Expected Outcomes:**

Provide an opportunity to instil health consciousness in students

**No. of Student Participants:** 92

**No. of Faculty Participants:** 12

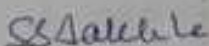
**No. of External Participants:** NIL

**Expenditure Amount:** 1860/-

**Mode of Program:** Offline

**Attachment needed:**

- 1) Abstracts of the program
- 2) Program Schedule
- 3) Notice for circulation
- 4) Photographs
- 5) Expenditure details and Bills
- 6) Other documents

  
Club In-charge

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.



LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)  
Tel. & Fax No. +91-79-2995111 E-mail: priya.col@prijcp.edu Website: www.prijcp.edu  
(Approved By AICTE & DIT, New Delhi; Affiliated to R. T. M. Nagpur University Nagpur)

### Abstract of the Event

Arogya Parigyan Club of Priyadarshini J.L. College of Pharmacy, Nagpur organized a seminar on World Hepatitis Day 2022 entitled "**Management of Liver Function**" on 28/07/2022 for the UG/PG students and the faculty. Dr. Abhijeet Ambhaikar, Physician and Diabetologist, Ex Professor, Indira Gandhi Government Medical College, Nagpur was the guest speakers on the occasion. He spoke about the physiology of liver and problems that can occur in functioning of liver. The event was coordinated by the student coordinators (Ms. Prapti Rai, Rohit Shingane and Neha Narange) faculty in charges (Dr. Mrs. S.S Bakhle and Mr. S.K Shah) and other members of the Club under the guidance of Dr. D.R. Chaple, Principal, P.J.L.C.P.

*S.S. Bakhle*  
Club In-charge 28/7/22

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

*D.R. Chaple*  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

**Event Photos:**







LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)  
Tel. & Fax No. +91-7104-299510, E-mail: [principal@pjlc.edu.in](mailto:principal@pjlc.edu.in) Website : [www.pjlc.edu.in](http://www.pjlc.edu.in)  
(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

## Program Report

**Name of the Program conducted:** Seminar with the theme “Unravelling the Mental Stress” under AICTE-SPICES Scheme.

**Start Date:** 28/12/2022

**End Date:** 28 /12/2022

**Time:** 11:0 AM

**Venue:** Seminar Hall, Priyadarshini J. L. College of Pharmacy, Nagpur

### Objectives:

- 1) To guide and enlighten the students regarding attainment of peaceful and stress- free life
- 2) To motivate and encourage the students for adopting physical and mental fitness regime in their daily life

**No. of Student Participants:** 92

**No. of Faculty Participants:** 13

**No. of External Participants:** NIL

**Expenditure Amount:**       /-

**Mode of Program:** Offline

### Expected Outcomes:

Provide an opportunity to the students to nurture emotional and mental well-being beneficial for their professional career.

### Attachment needed:

- 1) Abstracts of the program
- 2) Photographs
- 3) Notice for circulation
- 4) Feedback of the program
- 5) Expenditure details and Bills
- 6) Other documents

Club In-charge

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.



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Tel. & Fax No. +91-7104-299510, E-mail: [principal@pjlc.edu.in](mailto:principal@pjlc.edu.in) Website : [www.pjlc.edu.in](http://www.pjlc.edu.in)  
(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

## **National Workshop on Millets**

### **Theme: “Unravelling the Mental Stress”**

Arogya Parigyan Club of Priyadarshini J.L College of Pharmacy, Nagpur organized a Seminar with the theme “**Unravelling the Mental Stress**” on 28/12/2022 under AICTE-SPICES Scheme, Dr. Suparna S Bakhle, Associate professor, PJLCP, Nagpur, Dr Kalpana Date, Professor, and Dr Shilpa Deshpande, Associate professor PJLCP, Nagpur were the Guest Speakers on the occasion. About 87 participants/ from the College participated in the Seminar. The inaugural program began with the traditional lamp lightening, Saraswati Vandana and floral welcome of all the resource persons. Dr. D. R. Chaple, Principal, PJLCP gave the inaugural address. Mr S.K Shah, coordinator of the seminar briefed the gathering on the activities of Arogya Parigyan Club and schedule of the workshop. The first plenary began with Suparna S Bakhle, who spoke about “**Yoga and Meditation to combat stress**” while Dr Mrs Kalpana Date provided insights on “**Stress Management Skills**” In the third plenary session, Dr Shilpa Deshpande briefed the gathering on “**Research in Stress**”. Vote of thanks was proposed by Dr. Mr. S.K Shah, Co-Coordinator of the Workshop. The event was successfully coordinated by Ms Sakshi Tapre and Ms Sayli Dode as student’s In-charges, club members and volunteers under the guidance of faculty in-charges, Dr Mrs. S.S Bakhle and Mr. S. K. Shah supported by Dr. D. R. Chaple, Convener of the Seminar.

Club In-charge

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

Photos of the Event:







LOKMANYAJILAK JANKALYAN SHIKSHAN SANSTHA'S  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**

Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)  
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(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)  
**NAAC B++ ACCREDITED**

**NOTICE**

All the faculty members and the students of B. Pharm and M. Pharm are hereby informed that a National Workshop based on the theme "MILLETS: Miracle Grain of Future" to commemorate the International Year of Millets 2023 will be organized by Arogya Parigyan Club under AICTE-SPICES on 29<sup>th</sup> April 2023 at 10:0 a.m in the Seminar Hall. All should remain present for the same.

*S. S. Sapre*  
1/C 25/4/23

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.



## NATIONAL LEVEL WORKSHOP MILLETS: MIRACLE GRAIN OF FUTURE

### Event Description:

Millets, hardy dryland crops grown in Asian and African countries, are gaining popularity for their nutritional qualities. To commemorate the International Year of Millets (2023), Arogya Parigyan Club of Priyadarshini J.L. College of Pharmacy, Nagpur is organizing a workshop on April 29, 2023. Students from various Colleges and various disciplines can attend the workshop and benefit from knowledge enriching sessions on nutritional virtues of Millets. Organization of workshop will also increase exposure to various contests including recipes, slogans, and posters through a process of training, food festivals and campaigns.

## WORKSHOP COMPETITIONS



ORGANISED BY



**AROGYA PARIGYAN  
CLUB**

SUPPORTED BY



**AICTE-SPICES**

ON  
**29<sup>th</sup> APRIL 2023**  
TIME  
**10.00 am to 5.00 pm**



**PRIYADARSHINI  
J. L. COLLEGE OF  
PHARMACY,**

Electronic Zone, MIDC, Hingna Road,  
Nagpur-440016  
Contact: 07104-299510, Website:  
<https://pjlcp.edu.in>

## ABOUT PILCP

Priyadarshini J.L College of Pharmacy run by Lokmanya Tilak JanKalyan Shikshan Sanstha is self-financed college established in 1997. The college offers B. Pharm, M. Pharm (Pharmaceutics, Pharmaceutical Chemistry, Pharmacology and Pharmacognosy) and Ph D in Pharmaceutical Sciences affiliated to R.T.M Nagpur University, Nagpur. It is accredited by NAAC and recognized by AICTE, PCI, and Government of Maharashtra.

## RESOURCE PERSON



**Dr. Minakshi Subhash Yende,**  
Director, Mukta Ayurved &  
Panchakarma Clinic, Nagpur



**Dr. Renuka Mainde**  
Consulting Nutritionist  
Convener, NetProFan  
Nagpur chapter



**Mrs. Meera Pingle-Khadakkar**  
Consulting Dietitian &  
Diabetes Educator  
Nutripurna Diet Care, Nagpur

## REGISTRATION DETAILS:

### REGISTRATION FORM LINK & QR CODE

<https://forms.gle/xdjUGd7oM35otRxD7>



### ELIGIBILITY:

Registration code

All the Students, Faculties and Industrial Person from Life Science, Pharmacy, Engineering & Relevant Subject Can Join Program.

## ORGANISATION TEAM

**Dr. D. R. Chaple, Convener**

**Dr. Mrs. S. S. Bakhle, Coordinator**

**Mr. Mr. S. K. Shah, Co-coordinator**

**Ms. Harshita Singh, Student Coordinator**

**Ms. Kavita Mishra, Student Co-coordinator**

For Registration Contact: Dr. Mrs. S. S. Bakhle 9049800995, Mr. Sapan K. Shah 9665006696



### WORKSHOP ON MILLETS: MIRACLE GRAIN OF FUTURE

Organized by AROGYA PARIGYAN CLUB Supported By AICTE-SPICES

**PRIYADARSHINI J. L. COLLEGE OF PHARMACY,**

Electronic Zone, MIDC, Hingna Road, Nagpur-440016 Contact: 07104-299510, Website: <https://pjlcp.edu.in>





FORMANYA HILAK JANAKI YAN SHIKSHAN SANSTHA'S  
**PRIYADARSHINI J. L. COLLEGE OF PHARMACY**  
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Tel & Fax No. +91-7104-209510 | mail: principal@pjcpc.edu.in | Website: www.pjcpc.edu.in  
(Approved By AICTE & DIT, New Delhi, Affiliated to R. J. M. Nagpur University, Nagpur)

### Program Report

**Name of the Program conducted:** National Workshop with the theme "MILLETS: Miracle Grain of Future" under AICTE-SPICES Scheme.

**Date:** 29/04/2023

**Venue:** Seminar Hall, Priyadarshini J.L. College of Pharmacy, Nagpur

**Relevance to PO's:** To enrich the knowledge of participants regarding the types of millets and their health benefits.

**Objectives:** 1) To update the knowledge of the participants regarding the various perspectives of millets in terms of health, crop sustainability and Ayurved literature and practice.

2) To encourage the students to adopt healthy life-style and be aware of nutritional content of various dietary elements.

3) To provide a platform to the students/research scholars/delegates of various Institutions/Colleges to share their knowledge, innovative ideas and talents through recipes, slogans and scientific poster presentation competitions.

**Beneficiary:** Students, Delegates, Faculty, Institute

**Program Organizing Committee:** Arogya Parigyan Club

#### Expected Outcomes:

Provide an opportunity to the delegates to exhibit their ideas, creativity and interests through slogans, posters and recipes.

#### Attachment needed:

- 1) Program Schedule
- 2) Photographs
- 3) Abstracts of the program
- 4) Attendance Record
- 5) Notice for circulation
- 6) Feedback of the program

*S. S. Salunkhe*  
Teacher In-charge 29/04/23

Associates Prof. / Asstt. Prof.  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.

*Sheep*  
Principal

PRINCIPAL  
Priyadarshini J. L. College of  
Pharmacy, Nagpur.





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(Approved By: AICTE & DTE, New Delhi, Affiliated to R. T. M. Nagpur University, Nagpur)

## National Workshop on Millets

### Theme: "Millets: Miracle Grain of Future"

Arogya Parigyan Club of Priyadarshini J.L. College of Pharmacy, Nagpur organized the National Workshop on Millets with the theme "**MILLETS: Miracle Grain of Future**" on 29/04/2023 under AICTE-SPICES Scheme to commemorate the International Year of Millets 2023. Dr. Renuka Mainde, Consulting Nutritionist, Convener, NetProFan, Nagpur Chapter, Mrs. Meera Pingle-Khadakkar, Consulting Dietitian and Diabetes Educator, Nutipurna Diet Care, Nagpur and Dr. Minakshi S Yende, Director, Mukta Ayurved and Panchakarma Clinic, Nagpur were the Guest Speakers on the occasion. About 156 participants/delegates from Engineering, Pharmacy, Hotel Management, Home Science departments/colleges as well as Industry Professional participated in the Workshop. The inaugural program began with the traditional lamp lightening, Saraswati Vandana and floral welcome of all the resource persons. Dr. D.R. Chaple, Principal, P.J.L.C.P. addressed about millets as beneficial nutrients and highlighted its crop sustainability in his introductory speech. Dr. Mrs. S.S. Bakhle, coordinator of the Workshop briefed the gathering on the activities of Arogya Parigyan Club and schedule of the workshop. The first plenary began with Dr. Renuka Mainde who spoke about "**Millets: Super Foods for Future**" while Mrs. Meera Pingle-Khadakkar provided insights on "**Millets and Diabetes**". In the third plenary session, Dr. Minakshi Yende briefed the gathering on "**Millets: An Ayurvedic Perspective**". The plenary sessions were followed by various competitions which included Scientific poster presentation, Slogan Writing and Recipe (Magical Millets) Contest after lunch break. 11 shortlisted posters, 21 catchy slogans and 11 recipes with catchy themes were displayed by the contestants. Scientific posters and slogans were evaluated by Dr. Subhash Yende, Asst Professor, Gurunanak College of Pharmacy, Nagpur and Dr. Mrs. K.P. Upadhye, Prof. P.J.L.C.P., Nagpur while the recipe contest was evaluated by Mrs. Pranjali Chaple, lecturer, Priyadarshini Polytechnic and Mrs. Shailju Guranani, Asst Prof., P.J.L.C.P., Nagpur during the occasion. All the judges were given a warm welcome by offering them a sapling as a token of affection. Mrs. Sneha Tidke, Asst. Prof., P.J.L.C.P. conducted the inaugural proceedings. Results of the competition were announced during the valedictory program and the runner up and the winning teams were given trophies and certificates. Judges were felicitated with mementos and certificates. Vote of thanks was proposed by Dr. Mr. S.K. Shah, Co-Coordinator of the Workshop. The event was successfully coordinated by Ms. Harshita Singh and Ms. Kavita Mishra as student's In-charges, club members and volunteers under the guidance of faculty in-charges, Dr. Mrs. S.S. Bakhle and Mr. S.K. Shah supported by Dr. D.R. Chaple, Convener of the workshop.

Following participants won the prizes in the competition:

S. No	Category	Winners	Runner ups	Consolation Prize
01	Scientific Poster Presentation	Sufiyan Sheikh, Ashit Ramteke, New Montfort Institute of Pharmacy, Ashti, Amravati.	Sakshi Tapre, Pratiksha Dekate and Yashika Bhattad, Priyadarshini J.L. College of Pharmacy, Nagpur.	Anirudh Choudhary (YCCE), Varada Lanke (YCCE) and Khushi Popali (PJLCP, Nagpur)
02	Slogan Writing	Khushi Popali, Priyadarshini J.L. College of Pharmacy, Nagpur	Ankita Potbhare, Sonekar College of Pharmacy, Koradi	Medha Pohane, Dr Reddy's Lab
03	Recipe Contest	Anil Choudhary YCCE, Nagpur and Khushi Popali, PJLCP, Nagpur	Sonia Rajput, PJLCP, Nagpur	Ankita Burande and Deepthi Bhagchandani, NCP, Nagpur

S.S. Sakhe 29/04/23  
Teacher In-charge

Associates Prof. / Asstt. Prof.  
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