

Key Indicator 3.4-Extention Activities

METRIC NO.:-3.4.3.1.

Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of during 2020-21.

AY 2020-21

Sr. No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Page No.
1	Distribution of grocery to needy during COVID-19 pandemic	PJLCP-NSS	NSS	1-2
2	Tree Plantation	PJLCP-NSS	NSS	3-4
3	Swacchata Abhiyan	PJLCP-NSS	NSS	5-7
4	Guest Lecture "Health and Psychosocial Impact of Corona on our lives"	PJLCP-NSS	NSS	8-9
5	Guest Lecture "Post Pandemic Preparedness"	PJLCP-NSS	NSS	10-11
6	International Conference on Mental Health in Higher Education Institutes	PJLCP-NSS and RTMNU	NSS	12
7	Distribution of face masks and sanitizers to front line workers	PJLCP-NSS	NSS	13-14
8	Distribution of food to needy during COVID	PJLCP-NSS	NSS	15-16
9	Distribution of stationary to Child Welfare NGO	PJLCP-NSS	NSS	17-18
10	Health Wellbeing through Yoga	PJLCP-NSS and Vivekanand Kendra, Branch Nagpur	NSS	19-21

*Priyadarshini J. I. College of Pharmacy, Nagpur, Maharashtra, India
Certified Document from page no.01 to 21*

Sign of Principal

PROOFS OF 2020-21

EVENT 1. FREE GROCERY DISTRIBUTION

	<p>LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S PRIYADARSHINI J. L. COLLEGE OF PHARMACY (Formerly called: J. L. Chaturvedi College of Pharmacy) Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.) Tel. & Fax No. +91-7104-242169, E-mail: jlccp_npp@rediffmail.com, Website: www.jlccp.tjss.net (Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)</p>
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Program Report

Title of the program: Free Grocery distribution to needy People.

Date: 25th March 2020

Venue: Priyadarshini J.L.College of pharmacy ,Hingna.

Relevance to PO's: To develop the awareness and importance amongst student participants regarding Free Grocery distribution to needy People.

Objectives: To make the student able and aware about the knowledge and importance of Free distribution of face mask and sanitizer to frontline workers

Beneficiary: Students, Faculty, Institute and society.

Program Organizing Committee: Dr. D. R. Chaple, Dr. D. P. Kawade, Mr. Y. N. Gholve

Expected Outcomes:

Providean opportunity to the faculty and student participants to understand and improve the social acquaintance.

Attachment needed:

- 1) Abstracts of the program
- 2) Notice for circulation
- 3) Photographs

Abstracts of the program

Lokmanya Tilak Jankalyan Shikshan Sanstha's Priyadarshini J. L. College of Pharmacy, NSS Unit carried out Free Grocery distribution to needy People.Due to COVID -19 Pandemic all the activities regarding Free Grocery distribution were carried out by maintaining social distancing. Needy people from the surrounding areas of electronic zone were invited to college campus and Grocery was distributed among them all. All the events were guided by Dr. D. R. Chaple, Principal, Priyadarshini J. L. College of Pharmacy.



NSS Program Officer

Associates Prof. / Asstt. Prof.
Priyadarshini J. L. College of
Pharmacy, Nagpur.



Principal

PRINCIPAL
Priyadarshini J.L.College of
Pharmacy, Nagpur.



Free Grocery Distribution to Needy People by PJLCP Faculty

EVENT 2. TREE PLANTATION



Program Report

Title of the program: Tree Plantation

Date: 24 July 2020

Venue: Priyadarshini J.L.College of Pharmacy, Hingna,Nagpur

Relevance to PO's: To develop the awareness and importance amongst student participants regarding tree plantation .

Objectives:

- 1) To update the knowledge of the students regarding the importance of tree Plantation

Beneficiary: Students, Faculty, Institute and society.

Program Organizing Committee: Dr. D. R. Chaple, Dr. D. P. Kawade, Mr.Y. N. Gholve

Expected Outcomes:


Provide an opportunity to the faculty and student participants to understand and improve the social acquaintance.

Attachment needed:

- 1) Abstracts of the program
- 2) Notice for circulation
- 3) Photographs

Abstracts of the program

Lokmanya Tilak Jankalyan Shikshan Sanstha's Priyadarshini J. L. College of Pharmacy, Electronic Zone Building, MIDC, Hingna Road, Nagpur, National Service Scheme (NSS) & Adult Education and Extension Programme was organized events like "Tree Plantation". The aim of the program is to plant saplings at near by surrounding places and improve the social acquaintance, the quality of environment and reduce pollution. Due COVID-19 Pandemic by maintaining social distancing. All the events were guided by Dr. D. R. Chaple, Principal, Priyadarshini J. L. College of Pharmacy.


NSS Program Officer

Assoctes Prof. / Asstt. Prof.
Priyadarshini J. L. College of
Pharmacy, Nagpur.


Principal


PRINCIPAL
Priyadarshini J.L.College of
Pharmacy, Nagpur.

Photographs



Tree Plantation by Faculty Members

EVENT 3: SWACHATA ABHIYAN

	<p>LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S PRIYADARSHINI J. L. COLLEGE OF PHARMACY (Formerly called: J. L. Chaturvedi College of Pharmacy) Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.) Tel. & Fax No. +91-7104-242169, E-mail: jlcsp_nag@rediffmail.com, Website: www.jlcsp.tjss.net (Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)</p>
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Program Report

Title of the program: Swachhata Abhiyan

Date: 2nd October 2020

Venue: Priyadarshini J.L. College of Pharmacy, Nagpur & Electronic Zone Hingna.

Relevance to PO's: To develop the awareness and importance amongst student participants regarding Swachhata Aabhiyan

Objectives:

1) To make the student able and aware about the knowledge of swachhata abhiyan

Beneficiary: Students, Faculty, Institute and society.


Program Organizing Committee: Dr. D. R. Chaple
Dr. D. P. Kawade
Mr. Y. N. Gholve

Expected Outcomes:

Provide an opportunity to the faculty and student participants to understand and improve the social acquaintance.

Attachment needed:

- 1) Abstracts of the program
- 2) Notice for circulation
- 3) Photographs


NSS Program Officer

Associates Prof. / Asstt. Prof.
Priyadarshini J. L. College of
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Principal

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LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S
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Abstracts of the program

Lokmanya Tilak Jankalyan Shikshan Sanstha's Priyadarshini J. L. College of Pharmacy, NSS Unit carried out Swacchata Abhiyan. Due to COVID -19 Pandemic all the activities were carried out by everyone at their own places and adjoining areas by maintaining social distancing. on the occasion of Birth Anniversary of Mahatma Gandhi supported by Department of Lifelong learning and Extension unit. On the same occasion a Pledge was taken on the theme 'Swaccha Bharat Abhiyan'. All the events were guided by Dr. D. R. Chaple, Principal, Priyadarshini J. L. College of Pharmacy.

NSS Program Officer

Principal

PRINCIPAL
Priyadarshini J.L.College of
Pharmacy, Nagpur.

PHOTOGRAPHS.



Swachata Abhiyan

EVENT 4. GUEST LECTURE BY DR. S. PAWADE ON TOPIC ENTITLED ‘ PSYCHOSOCIAL IMPACT OF CORONA ON OUR LIVES’



LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S
Priyadarshini J. L. College of Pharmacy
(Formerly called: J. L. Chaturvedi College of Pharmacy)
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NAAC B++ ACCREDITED

Program Report

Name of the Program Conducted: Guest lecture entitled "Health and psychosocial impact of corona on our lives"

Guest speaker: Dr. Mrs. Swati Pawade, Avanti Institute of Cardiology, Nagpur, Contact No. 9823811572

Date: 08/10/2020

Venue: Seminar Hall, Priyadarshani J.L. College of pharmacy, Nagpur.

Relevance to PO's: To enrich the student with resent knowledge of health and psychosocial impact of corona on our lives.

Objective:

- 1) To understand the students that pandemic is not just medical condition. it affects the population in social, emotional and psychological way also.
- 2) To motivate the students for management of stress and other.

Beneficiary: Students, faculty, institute.

Program Organizing Committee: Guest lecture committee

Expected Outcome:

To provide the platform for management of psychosocial impact of corona so that students can improve and can recover their health, mental stress

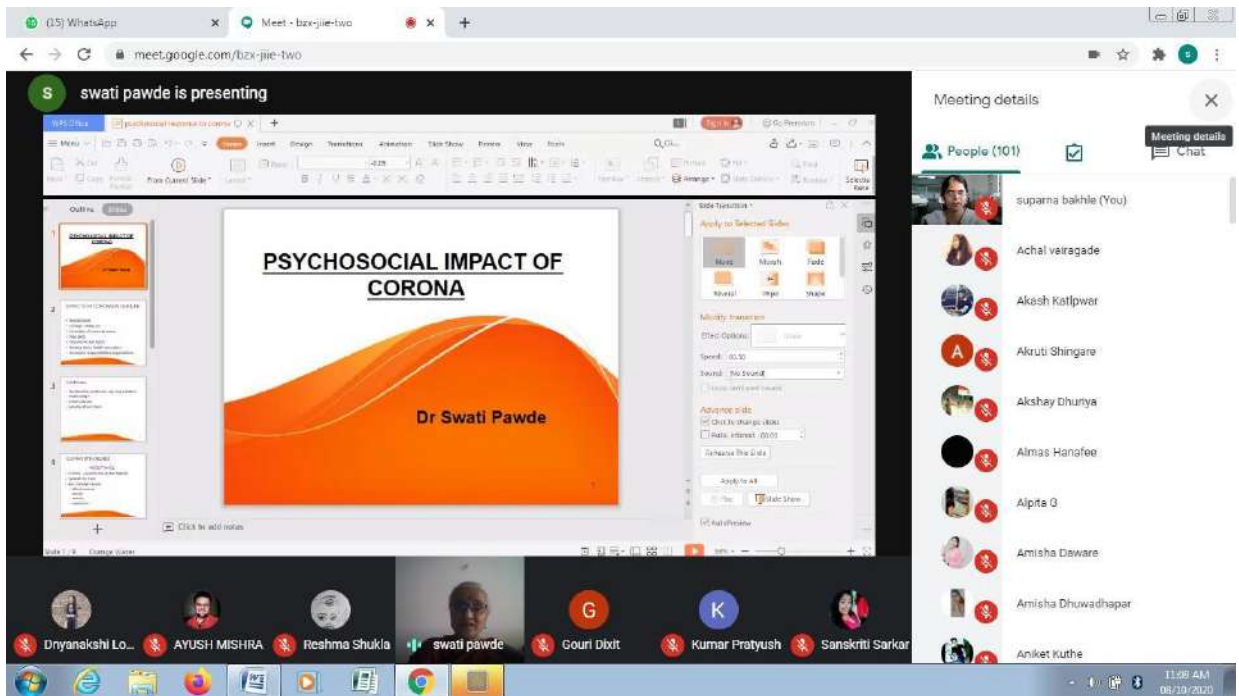
Attachment needed:

- 1) Program schedule
- 2) Photographs
- 3) Abstracts of the program
- 4) Attendance record
- 5) Notice for circulation
- 6) Feedback of the program

Teacher In Charge


Assoicates Prof. / Asstt. Prof.
Priyadarshini J. L. College of
Pharmacy, Nagpur

Principal
PRINCIPAL
Priyadarshini J. L. College of
Pharmacy, Nagpur.



Guest Lecture By Dr. S. Pawade On Topic Entitled ‘ Psychosocial Impact of Corona On Our Lives’

EVENT :5.GUEST LECTURE BY DR. S. PAWADE ON TOPIC ENTITLED 'POST PANDEMIC PREPAREDNESS'

	<p>LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S Priyadarshini J. L. College of Pharmacy (Formerly called: J. L. Chaturvedi College of Pharmacy) Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.) Tel. & Fax No. +91-7104-299510, E-mail: jlccp_ngp@rediffmail.com, Website : www.pjlcp.edu.in NAAC B++ ACCREDITED</p>
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Program Report

Name of the Program Conducted: Guest lecture entitled "Post Pandemic Preparedness"

Guest speaker: Dr. Mrs. Swati Pawade, Avanti Institute of Cardiology, Nagpur, Contact No. 9823811572

Date: 05/02/2021

Venue: Seminar Hall, Priyadarshani J.L. College of pharmacy, Nagpur.

Relevance to PO's: To enrich the student with resent knowledge about post pandemic preparedness.

Objective:

- 1) To develop environmental awareness, personal hygiene.
- 2) To ensure the students can able to know the various steps for post pandemic preparation.

Beneficiary: Students, faculty, institute.

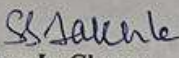
Program Organizing Committee: Guest lecture committee

Expected Outcome:

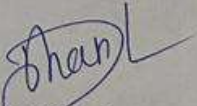
Provide a platform to the and UG students and PG to prepare themselves for the future preparedness after covid pandemic.

Attachment needed:

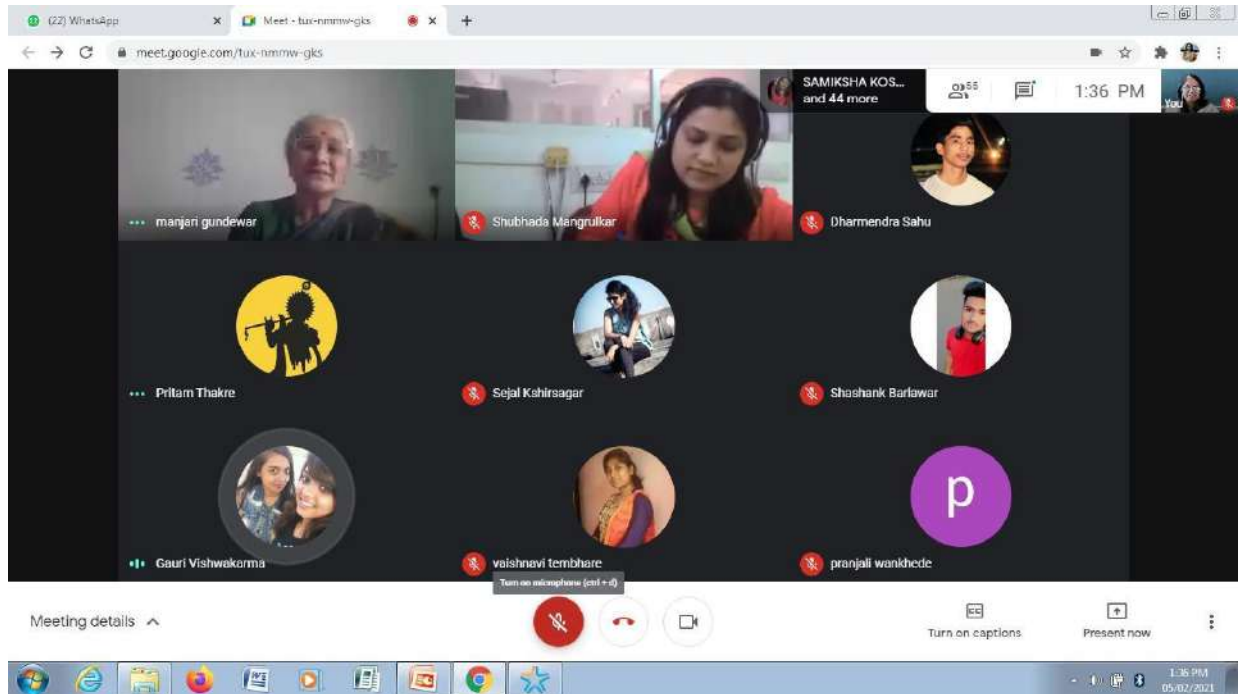
- 1) Program schedule
- 2) Photographs
- 3) Abstracts of the program
- 4) Attendance record
- 5) Notice for circulation
- 6) Feedback of the program


Teacher In Charge

Associates Prof. / Asstt. Prof.
Priyadarshini J. L. College of
Pharmacy, Nagpur.


Principal
PRINCIPAL
Priyadarshini J. L. College of
Pharmacy, Nagpur.

PHOTOGRAPH



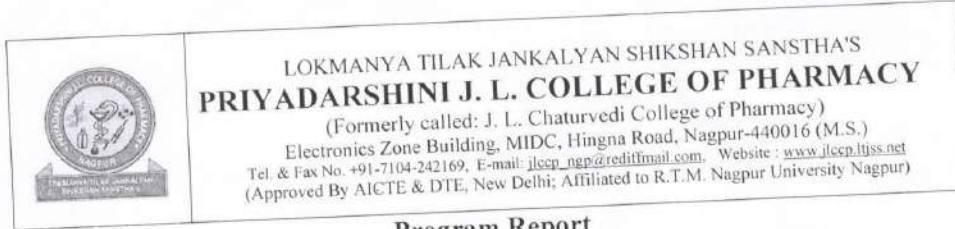
Guest Lecture By Dr. S. Pawade On Topic Entitled 'Post Pandemic Preparedness'

EVENT : 6 INTERNATIONAL (VIRTUAL)CONFERENCE ON MENTAL HEALTH

International (Virtual) Conference on Mental Health in Higher Education Institutes
By RTMNU, R S Mundle, Dharmapeth Art and Commerce, Nagpur



EVENT 7 :DISTRIBUTION OF FACE MASK AND SANITIZER



Program Report

Title of the program: Free distribution of face mask and sanitizer to frontline workers.

Date: 26th March 2020

Venue: Police station, Hingna, Nagpur

Relevance to PO's: To develop the awareness and importance amongst student participants regarding Free distribution of face mask and sanitizer to frontline workers

Objectives: To make the student able and aware about the knowledge and importance of Free distribution of face mask and sanitizer to frontline workers

Beneficiary: Students, Faculty, Institute and society.

Program Organizing Committee: Dr. D. R. Chaple, Dr. D. P. Kawade, Mr. Y. N. Gholve

Expected Outcomes: Provide an opportunity to the faculty and student participants to understand and improve the social acquaintance

Attachment needed:

- 1) Abstracts of the program
- 2) Notice for circulation
- 3) Photographs

Abstracts of the program

Lokmanya Tilak Jankalyan Shikshan Sanstha's Priyadarshini J. L. College of Pharmacy, NSS Unit carried out Free distribution of face mask and sanitizer to frontline workers Due to COVID-19 Pandemic all the activities regarding food distribution were carried out by maintaining social distancing. The main aim of program is to provide preventive measures to our front line workers which were more prone to infection. All the events were guided by Dr. D. R. Chaple, Principal, Priyadarshini J. L. College of Pharmacy.



NSS Program Officer

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Principal

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Pharmacy, Nagpur.

PHOTOGRAPHS.



Sanitizer and Mask Distribution to Frontline Workers

EVENT 8: FOOD DISTRIBUTION TO NEEDY PEOPLE



Program Report

Title of the program: Food distribution to needy families

Date: 29th March 2020

Venue: Priyadarshini J.L. College of Pharmacy, Nagpur & Electronic Zone Hingna.

Relevance to PO's: To develop the awareness and importance amongst student participants regarding Food distribution to needy families.

Objectives: To make the student able and aware about the knowledge and importance of food distribution to needy families.

Beneficiary: Students, Faculty, Institute and society.

Program Organizing Committee: Dr. D. R. Chaple, Dr. D. P. Kawade, Mr. Y. N. Gholse

Expected Outcomes:

Provide an opportunity to the faculty and student participants to understand and improve the social acquaintance.

Attachment needed:

- 1) Abstracts of the program
- 2) Notice for circulation
- 3) Photographs

Abstracts of the program

Lokmanya Tilak Jankalyan Shikshan Sanstha's Priyadarshini J. L. College of Pharmacy, NSS Unit carried out Food distribution to needy families. Due to COVID-19 Pandemic all the activities regarding food distribution were carried out by maintaining social distancing. The main objective of the program is to provide relief from hunger to needy people during the time of pandemic. All the events were guided by Dr. D. R. Chaple, Principal, Priyadarshini J. L. College of Pharmacy.


NSS Program Officer

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Principal

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Priyadarshini J.L. College of
Pharmacy, Nagpur.

PHOTOGRAPHS.



Food Distribution to Needy People

EVENT :9 FREE STATIONARY DISTRIBUTION TO CHILD WELFARE NGO



LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S
PRIYADARSHINI J. L. COLLEGE OF PHARMACY
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(Approved By AICTE & DTE, New Delhi; Affiliated to R.T.M. Nagpur University Nagpur)

Program Report

Title of the program: Free stationary Distribution to child welfare NGO.

Date: 26th March 2020

Venue: Child Welfare NGO.

Relevance to PO's: To develop the awareness and importance amongst student participants regarding Free distribution of stationary to needy children.

Objectives:

To make the student able and aware about the knowledge and importance of Free distribution Free distribution of stationary to needy children.

Beneficiary: Students, Faculty, Institute and society.

Program Organizing Committee: Dr. D. R. Chaple, Dr. D. P. Kawade, Mr. Y. N. Gholve

Expected Outcomes:


Provide an opportunity to the faculty and student participants to understand and improve the social acquaintance.

Attachment needed:

- 1) Abstracts of the program
- 2) Notice for circulation
- 3) Photographs

Abstracts of the program

Lokmanya Tilak Jankalyan Shikshan Sanstha's Priyadarshini J. L. College of Pharmacy, NSS Unit carried out Free distribution of stationary to needy children making an efforts to promoting education to the needy children who were affected by COVID-19 Pandemic. all the activities regarding food distribution were carried out by maintaining social distancing. All the events were guided by Dr. D. R. Chaple, Principal, Priyadarshini J. L. College of Pharmacy.


NSS Program Officer

Associate Prof. / Asstt. Prof.
Priyadarshini J. L. College of
Pharmacy, Nagpur.


Principal

PRINCIPAL
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Pharmacy, Nagpur

PHOTOGRAPHS.



Stationary Distribution to Child Welfare NGO

EVENT 10: HEALTH AWARENESS PROGRAM



LOKMANYA TILAK JANKALYAN SHIKSHAN SANSTHA'S
PRIYADARSHINI J.L. COLLEGE OF PHARMACY,
Electronics Zone Building, MIDC, Hingna Road, Nagpur-440016 (M.S.)

Program Report

Name of the program conducted: International Day of Yoga

Date: 21/06/2021

Venue: Virtual through Google Meet because of COVID-19 Pandemic

Relevance to PO's: To create awareness amongst the students regarding health benefits of Yogasana and Pranayam.

Objectives: 1) To create awareness amongst the students regarding the benefits of daily fitness regime with the practice of Yoga for health and conditioning of mind

2) To guide and motivate the students to do Yoga regularly

Beneficiary: Students, Faculty, Institute

Program Organizing Committee: Guest Lecture, NSS and Sports

Expected Outcomes:

The Online Yoga Session provided a common virtual platform for all the UG and PG students along with the faculty to understand the health benefits of Yoga through Yoga teachers. They were further guided to do some of the basic Yogasana and Pranayam through practical demonstrations.

Attachment needed:

- 1) Online Yoga Session Flyer
- 2) Registration Details
- 3) Photographs of the event (Screen Shot)
- 4) Feedback of the program

S. Saleh
Co-Ordinators

J. Sheen
Principal 21/6/21

PRINCIPAL
Priyadarshini J.L. College of
Pharmacy, Nagpur

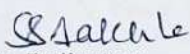


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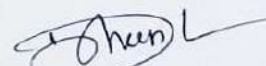
ONLINE AWARENESS PROGRAM

HEALTH WELL-BEING THROUGH YOGA

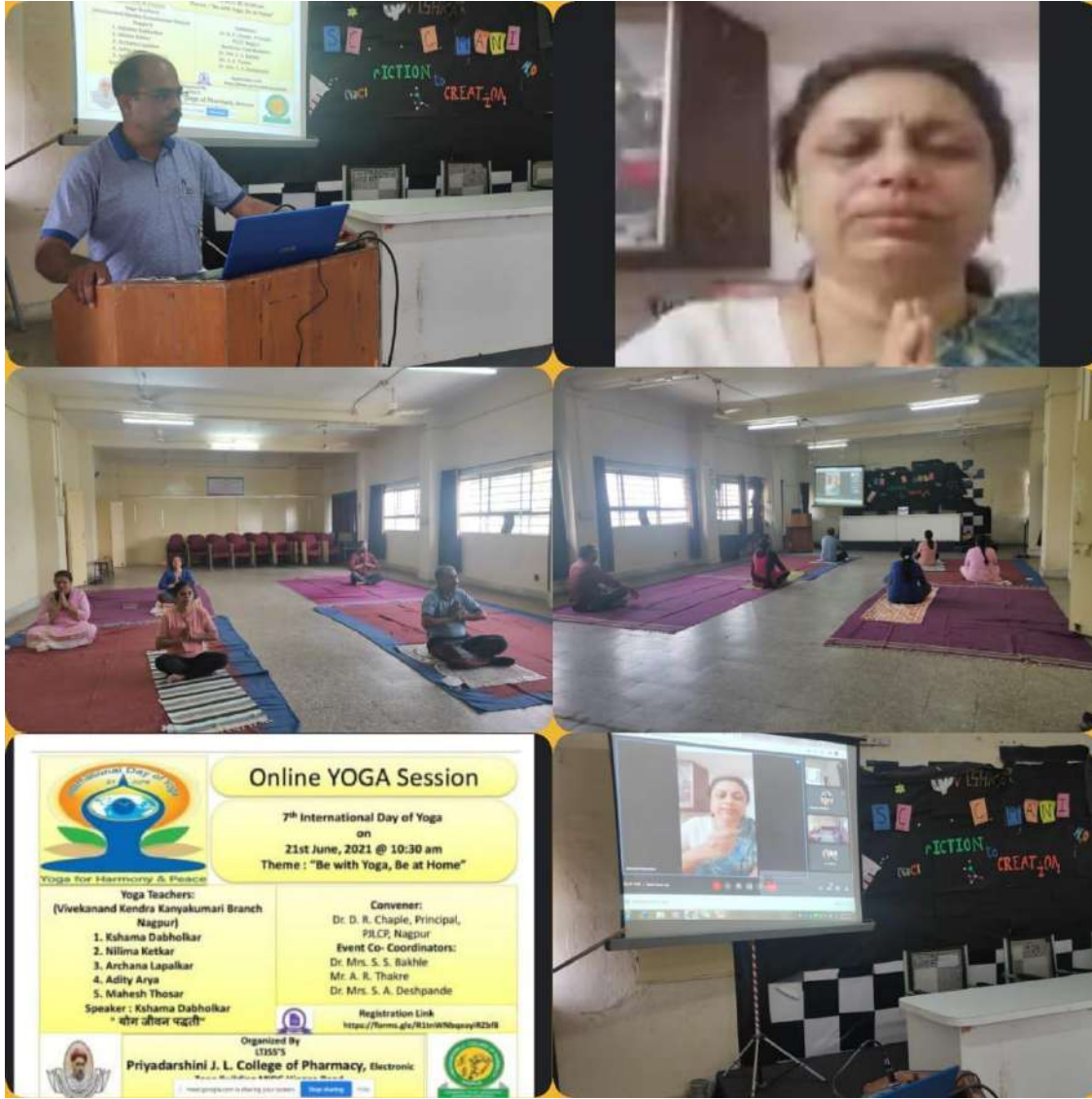
Priyadarshini J.L. College of Pharmacy, Nagpur organized an Online awareness session entitled "Health Well-Being through Yoga" on International Day of Yoga through virtual platform on 21/06/2021 at 10.30 am. Yoga teachers from Vivekanand Kendra Kanyakumari, Nagpur Branch guided on the occasion for physical and mental fitness. The online session was attended by the students, teaching and non-teaching faculty members as well as external participants. Dr Mrs. S.S Bakhle welcomed all the participants and introduced the Yoga teachers. Dr. D.R Chaple, Principal, PJLCP made introductory remarks and advised the gathering to adopt Yoga for fitness of body and mind. Kshama Dabholkar, Nagar Pramukh of Vivekanand Kendra Kanyakumari, Branch Nagpur enlightened the gathering about Ashtanga Yoga and their health benefits through the topic "Yoga Jeevan Padhati". The Yoga teachers from Vivekanand Kendra namely Nilima Ketkar, Archana Lapalkar, Aditya Arya and Mahesh Thosar gave practical demonstrations of various Yogasanas and Pranayam which was followed by all the participants. The online session was coordinated by Dr. Mrs. S. S Bakhle, Dr. Mrs. S.A Deshpande and Mr. A.R Thakre. In all 95 participants attended the online session. Vote of thanks of proposed by Mr. A.R Thakre. Students were also asked to share photos of Yoga postures as a part of Photo Contest in which they actively participated.


Co-Ordinators

Associates Prof. / Asstt. Prof.
Priyadarshini J. L. College of
Pharmacy, Nagpur.



Principal
PRINCIPAL
Priyadarshini J. L. College of
Pharmacy, Nagpur.



Health Awareness Program